

Coaching Quotes

Sometimes personal essays are actually inspired by a belief statement or quotation from someone famous whom the writer respects. Do any quotations below ring true with what you yourself believe? If so, one of these quotations might offer a thesis around which you can frame a personal essay about an insight that has made a real difference in your own life.

1. "I have found that being honest is the best technique I can use. Right up front, tell people what you're trying to accomplish, and what you're willing to sacrifice to accomplish it." – Lee Iococca
2. "I know you've heard it a thousand times before. But it's true—hard work pays off. If you want to be good, you have to practice, practice, practice. If you don't love something, then don't do it." – Ray Bradbury
3. "If you're not making mistakes, then you're not doing anything. I'm positive that a doer makes mistakes." – John Wooden
4. "It is a paradoxical but profoundly true and important principle of life that the most likely way to reach a goal is to be aiming not at that goal itself but at some more ambitious goal beyond it." – Arnold Toynbee
5. "I don't wait for moods. You accomplish nothing if you do that. Your mind must know it has got to get down to earth." – Pearl Buck
6. "I don't look to jump over seven-foot bars. I look around for one-foot bars that I can step over." – Warren Buffett
7. "If you deliberately plan on being less than you are capable of being, then I warn you that you'll be unhappy for the rest of your life." – Abraham Maslow
8. "If you don't quit, and don't cheat, and don't run home when trouble arrives, you can only win." – Shelley Long
9. "Success in golf depends less on strength of body than upon strength of mind and character." – Arnold Palmer
10. "People of mediocre ability sometimes achieve outstanding success because they don't know when to quit. Most men succeed because they are determined to." – George Allen