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### Wasteful Food Consumption and World Hunger

In the time it takes the average person to sing the ABC's, 4.7 people will die from hunger somewhere around the world (F). For the price of one missile, a school full of hungry children could eat lunch every day for five years (A). Every year American consumers waste around 96 billion pounds of food (D). America's food waste works out to about three pounds of waste per person everyday if it was divided evenly. These facts prove how serious world hunger is and how crucial it is to end wasteful food consumption and stop world hunger.

As you dump half of your meal in your trashcan after dinner, do you think about what you are doing? Most people do not, but if everyone pitched in and saved what is usually thrown away then we could decrease the amount of food wasted in the U.S. by over 25%, that's 24 billion pounds a year (D). We need to step up to the plate and work together by only taking what you will eat at every meal and not wasting as much food. Buy less, make smaller meals, eat at home more, save leftovers, and donate uneaten food, by doing these things we can solve this problem. This solution is incredibly easy and will work quickly and efficiently. If we all start now we can stop the outrageously high amounts of food that our country wastes pointlessly every year.

Many of you realize that wasteful food consumption is a serious problem, but you might not realize that it is only half of the bigger dilemma. The World Health

Organization estimates that one-third of the world is well fed, one-third is under fed, and one third is starving. This means that as you are eating dinner tonight, somewhere around the world one child is not getting enough to eat, and another is probably not getting anything at all. Think about that for a minute, think how it would be if that was true in your family, maybe your sister is slowly starving to death, or your brother is crying with hunger. To satisfy the world's sanitation and food requirements would cost only \$13 billion, or about what the people of the United States and the European Union spend on perfume each year. So next time you eat just think about it, you can make a difference and save lives. Hunger affects people all around the globe and is one of the most common causes of death around the world.

We can help end world hunger by taking the food that we are no longer wasting and giving it to food organizations such as; Operation Blessings, Second Harvest Food Bank, and Bread for the World Institute. These nonprofit agencies help distribute food where it is needed and will have huge positive impacts on hunger problems if we just give them a chance. By supporting these organizations we can start working for the end of world hunger.

Two huge problems, wasteful food consumption and world hunger. Two simple solutions, save a little food after every meal and support food charity organizations. We can solve these predicaments no matter how invincible they seem. If we all do our part and work for a better world by saving food and helping food organizations, then no matter what obstacles we encounter, or no matter how many people say we can't do it, the answer will always be, yes we can!

Great ending!

- A) <http://www.foodproductiondaily.com/Supply-Chain/Half-of-US-food-goes-to-waste>
- B) <http://www.greenlivingtips.com/articles/185/1/Consumption-statistics.html>
- C) [www.wastedfood.com](http://www.wastedfood.com)
- D) Estimating and Addressing America's Food Losses
- E) <http://library.thinkquest.org/C002291/high/present/stats.htm>
- F) Tory's and Connor's awesome scientific research facility