Chasing Mavericks Film Guide

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1. List some character traits of Jay Moriarty:

2. List some character traits of Frosty:

3. What challenges did Jay face that could have prevented him from success?

4. What are some similarities between Jay and yourself?

5. Why does Frosty make Jay write essays?

6. What point is Frosty trying to make about the power of observation?

7. What does Frosty say about fear? What does he mean?

8. Frosty says, “It’s about how you perform when everything goes wrong.” What does he mean by this?

9. Have you ever had another person inspire you to be driven towards a goal? Describe this person and why they were inspiring.

10. In your opinion, was Jay successful in accomplishing his dream? Why/why not?

11. How does his story resonate with you?

Read the following quotes by famous individuals from history, sports and famous individuals:

“Only those who dare to fail greatly can ever achieve greatly.” Robert F Kennedy

“The only real mistake is the one from which we learn nothing.” Henry Ford (Inventor)

“I hated every minute of training, but I said, ‘Don’t quit.’ Suffer now and the live the rest of your life as a champion.” Muhammad Ali

“To uncover your true potential you must first find your own limits and then you have to blow past them.” Picabo Street (Olympic gold medalist Alpine Ski Racer)

“It’s not the will to win that matters‐everyone has that. It’s the will to prepare to win that matters.” Paul “Bear” Bryant (former football National Championship head coach for the University of Alabama)

“You may encounter many defeats, but you must not be defeated.” Maya Angelou (Pulitzer Prize winning Poet and Poet Laureate)

“It’s not whether you get knocked down; it’s whether you get back up.” Vince Lombardi (former Super Bowl winning NFL Coach)

Who are some other examples of people who persevered through difficulty to achieve?